

Track your next 14 days' progress

The more you use your hearing aids, the more your hearing should improve.

Your hearing aids have been programmed to meet your individual needs. They amplify sounds you find hard to distinguish and can be programmed to block out background noise.

It can take time before you're completely comfortable wearing them and your ears will adapt a little more each day. But if you haven't noticed any improvement after two weeks, we can adjust them from the comfort of your own home using our Remote Fine-Tuning service.

Alternatively, our hearcare professionals are always happy to help via a phone or video consultation.

Try answering the questions below this week and then again in two weeks' time to see if there has been an improvement	Week 1	Week 3
I can hear more everyday sounds, like birdsong or a clock ticking	<input type="radio"/> Yes <input type="radio"/> No	<input type="radio"/> Yes <input type="radio"/> No
I can listen to the TV or radio at the same volume as my friends and family	<input type="radio"/> Yes <input type="radio"/> No	<input type="radio"/> Yes <input type="radio"/> No
I find it easier to follow conversations, even in large groups of people	<input type="radio"/> Yes <input type="radio"/> No	<input type="radio"/> Yes <input type="radio"/> No
Background noise is less of a problem in busy places, like restaurants or shops	<input type="radio"/> Yes <input type="radio"/> No	<input type="radio"/> Yes <input type="radio"/> No

You can arrange a phone or video consultation with one of our hearcare professionals using RemoteCare, our free consultation service. Or if you prefer, visit your local store where we've got everything in place to keep you safe.